


KEEPING SAFE	NOTICES	SPORT/HEALTHY CHOICES
<p>The internet is an amazing tool which helps us all in many, many ways. Nowadays children spend lots of time on devices. Are you aware of the potential dangers?</p> <p>The website below is well worth a look, with films and information tailored to your child's age group.</p> 	<ul style="list-style-type: none"> <li>• <b>SCARECROW FESTIVAL THIS WEEKEND</b> The start and finish is at OUR school. 17<sup>th</sup> &amp; 18<sup>th</sup> from 10a.m.-5p.m. Coffee &amp; cake available at the school. Please come along!</li> <li>• <b>MACMILLAN COFFEE MORNING ON 30<sup>th</sup></b> September at school. 9-11:15. Donations of cakes on the morning please. Bring LOTS of friends. Children £1 for no uniform and a donation for a cake at break time. Please see Angela if you would like to help.</li> <li>• The clothes on the rail outside of school are 'nearly new' clothes, donations to the office please.</li> <li>• Thank you to everyone who helped 'tidy up' the school over the holidays. It is very much appreciated by the children and staff.</li> <li>• Thank you to the Ropers for a fabulous afternoon at the Ploughing competition.</li> <li>• Newsletters will now be on Celebration Worship dates. Please read them.</li> </ul>	<p>Each Newsletter we will share news from around the school of a sporty or healthy nature. We will also share some recipes for healthy snacks that you might like to prepare with your children at home.</p> <p>This week we would like to congratulate all the 'Circuit Club' children for coming along and working very hard. It certainly is a great 'waker upper' as one of them told us. Please feel free to come along and try it out. Every morning 8:15-8:45</p>

## Goodrich Church of England

Attendance		1 <sup>st</sup> Edition 2016-17    16 <sup>th</sup> September 2016		Termly House points	
Reception	98.4%	<div style="display: flex; justify-content: space-around; align-items: center;"> <div data-bbox="359 1153 694 1523"> <p style="text-align: center;"><b>School Prayer</b> </p> <p style="text-align: center;">Dear God, Bless our school. Bless our teachers. Bless our pupils. Bless our families. Please help us to be kind and help us to always try our best. Let us remember, as many hands make a house, So many hearts make a school. Amen</p> </div> <div data-bbox="718 1198 949 1433">  <p style="text-align: center;"><b>GOODRICH</b></p> </div> <div data-bbox="981 1064 1316 1545"> <p style="text-align: center;">Goodrich Church of England Primary School</p> <p style="text-align: center;"><b>Collective Worship</b></p> <p style="text-align: center;">At this time of year we think about</p> <p style="text-align: center;"><b>Harvest</b></p>  <p style="text-align: center;">We are thoughtful We show humility, compassion and thankfulness.</p> <p style="text-align: center;">'Live in harmony with one another; be sympathetic, love as brothers, be compassionate and humble.' (1 Peter 3:8)</p> </div> </div>			
Year 1	99.4%				
Year 2	95.3%				
Year 3	97.7%				
Year 4	98.2%				
Year 5	95.4%				
Year 6	99.6%				
TOTAL	97.7%				

## Primary School Newsletter

### What's Going On?

Forest School		Celebration Worship		Other dates	
				17&18/09	SCARECROW TRAIL from school
21/09/16	Wrens	23/09/16	Harvest Festival, 9:15 at St Giles	19/09/16	Blue House non-uniform
22/09/16	Peregrines			19-23/09/16	Church Week
28/09/16	Robins			21/09/16	Swimming yrs 3 & 6
29/09/16	Peregrines			28/09/16	Swimming yrs 3 & 6
				<b>29/09/16</b>	<b>PTFA Meeting 19:00</b>

Forest School		Celebration Worship		Other dates	
				30/09/16	Macmillan Coffee Morning £1 non-uniform
05/10/16	Wrens			05/10/16	Swimming yrs 3 & 6
06/10/16	Woodpeckers			12/10/16	Swimming yrs 3 & 6
12/10/16	Robins				
13/10/16	Woodpeckers	14/10/16	Owls lead Celebration Worship		
19/10/16	Wrens				
20/10/16	Woodpeckers			21/10/16	End of Autumn 1

Class News		Class Superstars
<b>Wrens</b>	This week, our new Reception have been busy settling in and exploring Goodrich. For Roald Dahl Day, we listened to the story of 'The Enormous Crocodile' and then ordered the pictures to retell the story. Year 1s have been busy ordering and writing the story and showing off their different mathematic skills including number and place value. We have also had lots of fun making our scarecrows and was lucky enough to have an afternoon out at the Ploughing Competition where we got to ride on a tractor!	The whole class
<b>Robins</b>	This week Robins have been busy turning ourselves into Olympic athletes. We have designed our athlete, planned our writing and written descriptions of them. In Maths, we have been exploring Number and Place Value. We have also made our amazing scarecrows. Watch out for them this weekend ☺.	Ava, Harry and Millie
<b>Woodpeckers</b>	We have been very busy in Woodpeckers this week. We have been practising how to read, write and order numbers in Maths and in English we have been learning about non-chronological reports. In Science we have thinking about why we need skeletons and muscles. We also enjoyed looking at our competition entries when we visited the local Ploughing Event.	Molly and Gracie
<b>Owls</b>	In Owl Class, we have been reading, writing and ordering some very large numbers in maths. In science we have been learning about the digestion system and thinking about how Olympic athletes have to eat healthily in order to perform their best. We have also made a scarecrow and had a lovely afternoon at the Ploughing Competition.	Seth M, Sam T, George F-K and Barney
<b>Peregrines</b>	Since returning to school, Peregrine class have each been busy making a model hot air balloon which contains their aims for the year. In English we have been writing a book review about a favourite book that we read over the summer. We also enjoyed an afternoon at the Ploughing Competition where we had a tractor ride and watched some sheep dog trials!	Flo, Zach, Joe and Amelie

Citizens of the Week

James



Flo



Ruben

## Veggie Fajitas

These spicy Mexican wraps make a tasty meal. They are great for events as you can prepare the fillings in advance and are also perfect for eating 'on the go'!



Milk, sulphites and wheat (gluten)\*

Nutritional information per fajita (288g):

Energy	Fat	Saturated	Sugars	Salt
1071kJ 256kcal 13%	6.9g 10%	1.4g 7%	6.8g 8%	0.73g 12%

of an adult's reference intake.

Typical values per 100g: energy 372kJ/89kcal.

### Equipment

Colander  
Sharp knife  
Chopping board  
Garlic crusher  
Measuring spoons  
A wok or deep frying pan  
Wooden spoon  
Can opener  
Metal spoon  
Frying pan to warm the tortilla wraps (optional)

### Ingredients

Makes 6 small fajitas

2 red OR green peppers  
1 red chilli OR 1 x 5ml spoon chilli powder  
½ small lettuce  
1 medium red onion  
1 clove garlic  
200g mushrooms  
2 x 15ml spoons vegetable oil  
1 x 5ml spoon balsamic vinegar (optional)  
1 x 400g can chopped tomatoes  
1 x 5ml spoon tomato purée  
2 x 5ml spoons dried oregano  
Freshly ground black pepper (optional)  
6 flour tortilla wraps  
4 x 5ml spoons reduced-fat soured cream OR reduced-fat crème fraîche

\*Presence of allergens can vary by brand – always check product labels. If you serve food outside the home you must make allergen information available when asked.



### Top Tip

- Stir-frying needs to be done over a high heat, keep stirring all the time to ensure your food does not burn.