



Goodrich School Meals Association

Two Week Menu - Summer Term 2016

Fresh Fruit/Fronage Frais and extra bread is available daily.

Pupils are welcome to make their own choices from what is on offer but are encouraged to eat a balanced meal.

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Lasagne, Cheesy Pasta, Tomato/Veggie Sauce. Garlic bread, Pasta, Carrots, Sweet corn, Salad, Grated cheese. Allergens: Gluten, Milk, Cashew Nuts.	Chicken Curry, Plain Chicken, Meat Free Nuggets. Rice, Pasta, Cauliflower, Broccoli, Carrots, Cheese sauce, Grated cheese. Allergens: Gluten, Eggs, Milk, Mustard, Nuts	Roast Turkey, Quorn Roast, Nut Cutlet. Yorkshire Pudding, Roast & New Potatoes, Pasta, Peas, Carrots, Broccoli, Gravy. Allergens: Milk, Egg, Gluten, Nuts	Butchers Sausages, Meat Free Sausage. Bread roll, Pasta, Carrots, Sweetcorn, Baked Beans, Onions, Grated Cheese. Allergens: Gluten, Milk, Sulphites.	Fish Fingers, Ham, Salmon Pasta Bake, Veggie Grill. Chips, Pasta, Carrots, Sweetcorn, Peas, Gravy. Allergens: Fish, Gluten, Milk.
Chocolate Cake with Chocolate Custard. Allergens: Gluten, Eggs, Milk	Lemon and Raspberry Muffins and Cream Allergens: Gluten, Egg, Milk	Fruit Cheesecake and Cream Allergens: Gluten, Milk	Trifle. Allergens: Gluten, Eggs, Milk	Fresh Fruit Salad and Cream Allergens: Milk

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato. Pasta, Tuna, Baked Beans, Bolognese, Grated Cheese, Carrots, Sweetcorn, Home-made Tomato/Veggie Sauce, Salad. Allergens: Gluten, Fish, Milk, Cashew Nuts.	Breaded Chicken, Meat Free Nuggets. Pasta, Wraps, Cauliflower, Carrots, Sweetcorn, Baked Beans, Grated Cheese, Salad. Allergens: Gluten, Milk, Egg.	Roast Pork, Quorn Roast, Nut Cutlet. Stuffing, Roast and New Potatoes, Pasta, Peas, Carrots, Sweet Potato Mash, Gravy. Allergens: Gluten, Egg, Milk, Nuts.	Home-made Pizza, Salami, Pasta, H-M Tomato/Veggie Sauce, Carrots, Sweetcorn, Grated Cheese, Salad. Allergens: Gluten, Milk, Cashew Nuts	Fish Fingers, Fish Portion, Ham, Veggie Fingers. Chips, Pasta, Carrots, Sweetcorn, Peas, Gravy. Allergens: Fish, Milk, Egg.
Mini Pavlova and Cream. Allergens: Egg, Milk	Jelly, Fruit, Ice Cream. Allergens: Milk	Jam or Lemon Tart and Custard. Allergens: Gluten, Egg, Milk	Pineapple Flapjack and Custard Allergens: Gluten, Milk	Cookies and Cream Allergens: Gluten, Milk

NB. Government regulations dictate foods that are restricted and what food groups must be available to help encourage a healthy and balanced diet.

Excellent 5 Stars - Environmental Health Department Inspection.

Food Safety in Catering Cert if icates held.

Goodrich School Meals Association Booking Form – Summer Term 2016

Monday 11th April 2016 to Wednesday 20th July 2016

This page MUST be returned by ALL pupils **NO LATER THAN Thursday 24th March. Please return the form even if your child has a packed lunch. If we do not receive a booking form by the deadline we will assume your child is having packed lunch.**

ALL INFANTS (Reception, Year 1 and Year 2) are entitled to Universal Free School Meals.; however, please speak to Mrs Miles or Mrs Carter if you get any form of **income support due to your financial circumstances as the school can claim for other important avenues of support if you are registered**. This is completely private and confidential as all pupils collect their meals in the same way.

JUNIOR’s meals must be paid for. A booking form is required for both Infant and Juniors.

Pupil’s Name:

Class:

<u>Days</u>	<u>Menu</u>	<u>School Dinner</u>	<u>Packed Lunch</u>	<u>Vegetarian</u> Please specify Nut Cutlet or Quorn Roast
Week 1				
Monday Wk 1	Lasagne/Cheesy Pasta			
Tuesday Wk 1	Chicken Curry/Meat Free Nuggets			
Wednesday Wk 1	Roast Turkey/ Quorn Roast or Nut Cutlet (please specify vegetarian option)			
Thursday Wk 1	Sausages/Meat Free Sausage			
Friday Wk 1	Fish Fingers/Ham/Salmon Pasta Bake/Veggie Grill			
Week 2				
Monday Wk 2	Jacket Potato			
Tuesday Wk 2	Breaded Chicken/Meat Free Nuggets			
Wednesday Wk 2	Roast Pork/ Quorn Roast or Nut Cutlet (please specify vegetarian option)			
Thursday Wk 2	Pizza			
Friday Wk 2	Fish Fingers/Ham/Fish Portion/Veggie Fingers			

- Payment for meals **MUST** be made in advance. The daily amount of £2.30 will be deducted each day from your payment made.
- Please use, and keep for your records, the “School Meals Calculator” below to work out your weekly, half termly or termly payments. You must be at least one week in credit.
- Please ensure your account is kept in credit as chasing payments is a costly and time consuming process and may result in school meals being refused.

If you have queries re payment please see Mrs Carter in the school office.

School Meals Calculator – Juniors Only

For you to keep as a record of monies owed and which day your child has a school meal!

1st Half Term (34 days)	W/C 11/04/16	W/C 18/04/16	W/C 25/04/16	W/C 02/05/16	W/C 09/05/16	W/C 16/05/16
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
<u>Total no of days</u>						
1st Half Term No of days x £2.30		Amount to pay £		Weekly No of days x £2.30	Amount to pay £	

If your child has school lunch every day the charge for the half term is £78.20.

2nd Half Term (33 days)	W/C 06/06/16	W/C 13/06/16	W/C 20/06/16	W/C 27/06/16	W/C 04/07/16	W/C 11/07/16	W/C 18/07/16
Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
<u>Total</u>							
2nd Half Term No of days x £2.30		Amount to pay £		Weekly No of days x £2.30	Amount to pay £		

If your child has school lunch every day the charge for the half term is £75.90.