

	PSHE	BRITISH VALUES/SMSC	WHOLE SCHOOL FOCUS/ WEEK	SUSTAINABILITY
AUTUMN 1	<b>Families and friendships</b>  Roles of different people; families; feeling cared for	<b>Respecting ourselves and others</b>  How behaviour affect others: being polite and respectful	Charity event	
AUTUMN 2	<b>Safe relationships</b>  Recognising privacy; staying safe; seeking permission		Anti-Bullying Week	
SPRING 1	<b>Growing and changing</b>  Recognising what makes them unique and special; feelings; managing when things go wrong	<b>Physical health and Mental wellbeing</b>  Keeping healthy; food and exercise, hygiene routines; sun safety	SRE	
SPRING 2	<b>Keeping safe</b>  How rules and age restrictions help us; keeping safe online		E Safety Week	
SUMMER 1	<b>Media literacy and digital resilience</b>  Using the internet and digital devices; communicating online	<b>Belonging to a community</b>  What rules are; caring for others' needs; looking after the environment	Charity event	
SUMMER 2	<b>Money and work</b>  Strengths and interests; jobs in the community		Environmental safety	

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AUTUMN 1	<b>Families and friendships</b>  Making friends; feeling lonely and getting help	<b>Respecting ourselves and others</b>	Charity event	
AUTUMN 2	<b>Safe relationships</b>  Managing secrets; resisting pressure  and getting help; recognising hurtful behaviour		Anti-Bullying Week	
SPRING 1	<b>Growing and changing</b>  Growing older; naming body parts; moving class or year	<b>Physical health and Mental wellbeing</b>  Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	SRE	
SPRING 2	<b>Keeping safe</b>  Safety in different environments; risk and safety at home; emergencies		E Safety Week	
SUMMER 1	<b>Media literacy and digital resilience</b>  The internet in everyday life; online content and information	<b>Belonging to a community</b>  Belonging to a group; roles and responsibilities; being the same and different in the community	Charity event	
SUMMER 2	<b>Money and work</b>  What money is; needs and wants; looking after money		Environmental safety	



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AUTUMN 1	<b>Families and Friendships</b>  What makes a family; features of family life	<b>Respecting ourselves and others</b>  Recognising things in common and differences; playing and working cooperatively; sharing opinions	Charity event	
AUTUMN 2	<b>Safe relationships</b>  Personal boundaries; safely responding to others; the impact of hurtful behaviour		Anti-Bullying Week	
SPRING 1	<b>Growing and changing</b>  Personal strengths and achievements; managing and reframing setbacks	<b>Physical health and Mental wellbeing</b>  Health choices and habits; what affects feelings; expressing feelings	SRE	
SPRING 2	<b>Keeping safe</b>  Risks and hazards; safety in the local environment and unfamiliar places		E Safety Week	
SUMMER 1	<b>Media literacy and digital resilience</b>  How the internet is used; assessing information online	<b>Belonging to a community</b>  The value of rules and laws; rights, freedoms and responsibilities	Charity event	Climate Change (year B)
SUMMER 2	<b>Money and work</b>  Different jobs and skills; job stereotypes; setting personal goals		Environmental safety	



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AUTUMN 1	<b>Families and friendships</b> Positive friendships including online	<b>Respecting ourselves and others</b>	Charity event	
AUTUMN 2	<b>Safe relationships</b> Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	Anti-Bullying Week	
SPRING 1	<b>Growing and changing</b> Physical and emotional changes in puberty, external genitalia; personal hygiene routines; support with puberty	<b>Physical health and Mental wellbeing</b> Maintaining a balanced lifestyle; oral hygiene and dental care	SRE	
SPRING 2	<b>Keeping safe</b> Medicines and household products; drugs common to everyday life		E Safety Week	
SUMMER 1	<b>Media literacy and digital resilience</b> How data is shared	<b>Belonging to a community</b>	Charity event	
SUMMER 2	<b>Money and work</b> Making decisions about money: using and keeping money safe	What makes a community; shared responsibility	Environmental safety	



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AUTUMN 1	<b>Families and friendships</b> Managing friendships and peer influence	<b>Respecting ourselves and others</b> Responding respectfully to a wide range of people; recognising prejudice and discrimination	Charity event	
AUTUMN 2	<b>Safe relationships</b> Physical contact and feeling safe		Anti-Bullying Week	
SPRING 1	<b>Growing and changing</b> Personal identify; recognising individuality and different qualities; mental well being	<b>Physical health and Mental wellbeing</b> Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	SRE	
SPRING 2	<b>Keeping safe</b> Keeping safe in different situations, including responding in emergencies, first aid and FGM		E Safety Week	
SUMMER 1	<b>Media literacy and digital resilience</b> How information online is targeted; different media types, their role and impact	<b>Belonging to a community</b> Protecting the environment; compassion towards others	Charity event	
SUMMER 2	<b>Money and work</b> Identifying job interests and aspirations; what influences career choices; workplace stereotypes		Environmental safety	



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AUTUMN 1	<b>Families and friendships</b>  Attraction to other; romantic relationships; civil partnerships and marriage	<b>Respecting ourselves and others</b>  Expressing opinions and respecting others points of view, including discussing topical issues	Charity event	
AUTUMN 2	<b>Safe relationships</b>  Recognising and managing pressure; consent in different situations		Anti-Bullying Week	
SPRING 1	<b>Growing and changing</b>  Human Reproduction and birth; increasing independence; managing transition	<b>Physical health and Mental wellbeing</b>  What affect mental health and ways of taking care of it; managing change, loss and bereavement; managing time online	SRE	
SPRING 2	<b>Keeping safe</b>  Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media		E Safety Week	
SUMMER 1	<b>Media literacy and digital resilience</b>  Evaluating media sources; sharing things online	<b>Belonging to a community</b>  valuing diversity; challenging discrimination and stereotypes	Charity event	
SUMMER 2	<b>Money and work</b>  Influences and attitudes to money; money and financial risks		Environmental safety	